**Inspiring All Girls to be Strong, Smart & Bold**

**Women’s Self-Defense Seminars !!!!**

**Presented by**

**Girl’s Inc.**

**in partnership with**

**Robert Harb - 6th Degree Black Belt & The Haverhill Shotokan Karate-Do Club**

nspriting



**When: February 19 & 26th, March 5th & 12th**

**Where: Girl’s Inc., 7 Williams St., Haverhill**

**Time: 6:30 p.m.-7:30 p.m.**

**Cost: $25.00 for all 4 sessions**

**Register: contact** [**rwhitson@girlsinchaverhill.org**](mailto:rwithson@girlsinchaverhill.org) **or call Girls Inc. 978-372-0771**

**Space is limited to the first 20 women ages 18 & older who register.**